



# List of Supplies Needed

## Lesson 1: Sunbutter Sandwich

### General

- Lesson Plan
- Recipe

Find detailed lesson plans, printable recipes & more at:

[foodliteracycenter.org/lesson1](http://foodliteracycenter.org/lesson1)

### Cooking

- Aprons
- Cutting mats or cutting boards
- Plastic kid knife or butter knife
- Colander to rinse fruit
- Chef knife for adult to assist
- Butter knife for spreading
- Kitchen towels
- Rubber spatula or spoon for stirring

### Food & Produce

- Seasonal fruit (we're using apples)
- Jar of sunbutter
- Sliced whole wheat bread

