



List of Supplies Needed

Fennel & Beet Mint Salad

General

- Recipe
- Apron

Find detailed lesson plans, printable recipes & more at:

[foodliteracycenter.org/recipes](https://www.foodliteracycenter.org/recipes)

Cooking

- Cutting mat/board
- Plastic/butter knife
- Box grater
- Medium bowl
- Tongs or mixing spoons
- Citrus squeezer (optional)

Food & Produce

- Beet
- Fennel
- Mint
- Orange

