

**August 26, 2021**

**Contact: Amber Stott**  
**916-476-4766**

## **FOR IMMEDIATE RELEASE**

Sacramento, Calif. – As the pandemic continues to cause unprecedented levels of food insecurity in Sacramento, the nonprofit Food Literacy Center has partnered with local businesses to continue to distribute veggie recipe kits with educational activities to Sacramento-area kids and families. Whole Foods Market provided funds to help the nonprofit maintain these critical programs through summer.

Since the beginning of the COVID-19 pandemic, Food Literacy Center has shifted lessons online to provide free STEM resources for families, created online recipe videos, and distributed more than 9,000 meals with fresh produce to families in need.

Throughout the summer, Food Literacy Center has been distributing veggie recipe kits to the families they serve. During the school year, students learn how to cook healthy meals in cooking classes. Now, Food Literacy Center is sharing recipe kits with their students' families so they can cook the same healthy meals at home together.

"While there are other programs where families can get a hot meal or groceries, these kits are designed to include all the ingredients to make a healthy meal for four," says Food Literacy Center executive director, Amber Stott. "We're grateful to Whole Foods for their support!"

Another partner, Sacramento City Unified School District Nutrition Services Department, supports the program through joint grants, while donors like [Whole Foods Market](#) help fund the outreach and the time to distribute kits to families. Food Literacy Center provides the kits one per family at elementary schools in South Sacramento during school lunch distribution. For some families lacking transportation, Food Literacy Center is also driving the kits to their homes. Food Literacy Center partners with principals and afterschool staff to communicate with parents, serving six school communities thus far.

Community members can support these programs by [donating](#) to help Food Literacy Center.

## **ABOUT FOOD LITERACY CENTER**

Food Literacy Center is a nonprofit 501(c)(3) established in 2011 in Sacramento, California, with the mission of inspiring kids to eat their vegetables. The organization provides cooking and nutrition education to children in low-income elementary schools throughout the Sacramento City Unified School District to improve health, economy and the environment. For more information about Food Literacy Center, visit [www.foodliteracycenter.org](http://www.foodliteracycenter.org).

