

How to Save Sunflower Seeds



Saving sunflower seeds is easy! Here are a few quick steps:

1. Allow your sunflowers to dry on the stalks as summer fades to fall.
2. Before the season's first rain, trim the entire flower top off the sunflower stalk and leave it somewhere to dry completely (I use my garage)—about a week.
3. Working over a dry, clean table top, use your finger to wiggle the individual sunflower seeds back and forth (like a loose tooth). They will fall on the table.
4. Collect the seeds you have removed from the flower. I seal them in paper seed packets.
5. Label the seeds with the name of the flower and the year of the harvest. Store in a dry, dark place until spring.